



HELPING CAPTIVES

QUARTERLY
UPDATE

DECEMBER 2025

"I'm not the same woman I was 6 months ago."



In Spokane, WA, there's a peace filled home for sex trafficking survivors that hosts the presence of the Lord in a tangible, life changing ways. It's a home where hope is kindled and where freedom and healing come. Because of this home, I'm not the same woman I was 6 months ago.

I walked into the home of Helping Captives skeptical but desperately in need of change.

Familial trafficking introduced me to the life at an early age. But after a lifetime of abuse and a 30-year addiction to meth, I finally made it. Since I had missed several other intakes I'd scheduled with them, I wasn't sure they'd give me another opportunity. But as soon as I was ready, they were there with open arms and open hearts. I admit, I thought they were just a bunch of weird Christians at first, but this was my last shot. So I committed to staying and I committed to healing.

The next few weeks were full of radical transformation. I learned to have a relationship with the Lord, and I learned to hear His voice more clearly each and every day. I came to HC with a lot of brokenness and sin of my own. I had been in a same sex marriage prior to coming to HC and the Lord started to reveal His heart to me in this area. Even through my conviction from the Lord, the staff at HC gently and lovingly led me through it. They didn't push their convictions and only shared when I asked. I never felt judged or looked at differently, I only felt love and support. They encouraged me to seek the Lord and give every part of myself to Him and surrender to His will for my life. I did just that.

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A Word From Our Founder...



This year, by God's grace and through the faithfulness of our partners, Helping Captives has had the privilege of serving over 400 survivors.

That number matters—but what matters more is that every one of those survivors is a real person with a real story. Every life represents God stepping into a dark place and bringing real restoration. We don't take a single one of those stories lightly, and we don't take for granted the responsibility of walking alongside someone as they rebuild their life.

I'm grateful to share that we have officially completed Phase I at the Freedom Center, raising the first \$600,000 needed for Property Acquisition, Initial Loan, Demolition, Repairs, Planning, Architect, Permits, Contractor Estimates, and Capital Funding. Because of that milestone, the project is no longer just a vision—it's moving.

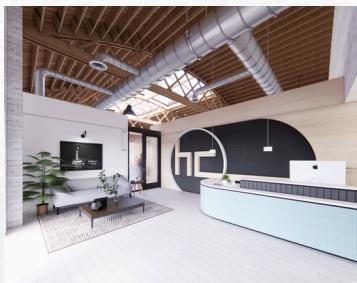
Now we are actively working to raise our matching funds to advance to the next phase of the Freedom Center. We currently have two incredible matching opportunities—one for \$350,000 and another for \$338,000. Every donation given to the Capital Campaign is being applied toward meeting those matches so we can fully activate the next phase of this project and continue moving forward.

This Center isn't about a building, it's about giving survivors a real place to find safety, receive care, and start rebuilding their lives. And it only happens because people are willing to pray, give, and stay in the fight with us.

Thank you for standing with us.

A handwritten signature in black ink that reads "Caleb J Altmeyer".

Caleb Altmeyer
HELPING CAPTIVES
Founder & CEO



Upcoming Events

SAVE THESE DATES!



MAY 8, 2026

10th Annual Gala

Join us at the Spokane Convention Center for the 10th Annual Helping Captives Gala. Guests will be treated to a meaningful night featuring silent and live auctions, heartfelt stories of transformation, and an inspiring keynote by Pam Tebow.



AUG 6, 2026

Annual Golf Tournament

Join us for a day of purpose-driven fun at the Helping Captives Golf Tournament at Prairie Falls Golf Course in Post Falls, Idaho. Your participation helps fund critical recovery and stabilization services. Gather your team, tee up, and make a difference!



SEPT 26, 2026

Run 4 Freedom

Lace up for a 5K with a cause at the Run 4 Freedom in Rockford, WA! Whether you walk, jog, or race to the finish line, every step helps fund life-changing recovery services through Helping Captives. Join us in taking a stand for freedom and hope!



OCT 14, 2026

Freedom Center Celebration

Celebrate a powerful milestone with us at the Freedom Center Debut Party. Join us at Victory Faith in Spokane Valley for an inspiring evening as we unveil our new Freedom Center—a sanctuary for healing and restoration for trafficking survivors. Come hear Tim Tebow's heartfelt message and be part of this exciting new chapter in the fight for freedom.

"The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners."

— Isaiah 61:1



Continued from Front Page...

There were a host of other battles I came with, one of those being deep anger that, prior to HC, would result in me blacking out in fits rage. These often became physical, and I didn't know the first step in controlling it. But through just a few weeks at Helping Captives, I started learning new tools to help me regulate and express the emotions that threatened to undo me. Not once at HC did I black out in rage.

It would take longer than I have time for to share the rest of what I received or learned at HC. Suffice it to say, it was the life giving, life changing, last chance opportunity I needed to get started on my new life. I went to a long-term program stable, something I'd never actually known or felt before. I remain fully confident the Lord will continue the work He started in me.

Thank you from the bottom of my heart for the kindness you've shown in your support to HC. Because of your generous giving, prayer, volunteering, and other support, I get to live a life I never imagined or dreamed I'd find. Without HC being basically in my back door here in Spokane, I don't know that I would have found a way out.

Because this home is here, I am one of many survivors who have found healing and freedom.

— Served Survivor, Resident at Helping Captives

HOW YOU CAN HELP



Share Our Vision

Want to equip your church, business, or small group to make a difference? Invite us to share how each of us can play a pivotal role in ending sex trafficking and bringing hope to survivors. Together, we can all be part of the solution.



Sponsor Our Events

Sponsoring a Helping Captives event is a meaningful way to support survivors and align your brand with a mission of freedom and restoration. Your partnership helps fund vital programs and brings real impact to our community.

Contact shelley@helpingcaptives.org or visit our website for more information.



Donate Used Goods

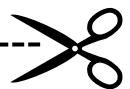
Donating gently used goods to the Helping Captives Thrift Store directly supports survivors on their journey to healing. Every item you give helps fund recovery services and provides practical resources for women rebuilding their lives. Your donations turn everyday items into lasting impact.

MY GIFT TO



HELPING CAPTIVES

FOR THE MONTH OF
JANUARY 2026



MY GIFT TO



HELPING CAPTIVES

FOR THE MONTH OF
FEBRUARY 2026



MY GIFT TO



HELPING CAPTIVES

FOR THE MONTH OF
MARCH 2026

MY GIFT TO HELPING CAPTIVES FOR THE MONTH OF **JAN 2026**

I would like to give a **MONTHLY GIFT** of \$ _____

I would like to give a **ONE TIME GIFT** of \$ _____

Name _____

Address _____

Email _____

I would like to receive email updates from Helping Captives

CREDIT CARD GIFTS:

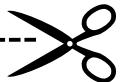
Visit HELPINGCAPTIVES.ORG or call **(509) 922-0939**. Your donation is tax-deductible, and you will receive a receipt.

City, State, Zip _____

Phone _____

Please remove me from your mailing list.

Please complete this card and mail it with your gift to P.O. Box 14257, Spokane Valley, WA 99214



MY GIFT TO HELPING CAPTIVES FOR THE MONTH OF **FEB 2026**

I would like to give a **MONTHLY GIFT** of \$ _____

I would like to give a **ONE TIME GIFT** of \$ _____

Name _____

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I would like to receive email updates from Helping Captives

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MY GIFT TO HELPING CAPTIVES FOR THE MONTH OF **MARCH 2026**

I would like to give a **MONTHLY GIFT** of \$ _____

I would like to give a **ONE TIME GIFT** of \$ _____

Name _____

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I would like to receive email updates from Helping Captives

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City, State, Zip _____

Phone _____

Please remove me from your mailing list.

Please complete this card and mail it with your gift to P.O. Box 14257, Spokane Valley, WA 99214

As we look back on the final quarter of 2025, our hearts are full of **gratitude for your support and partnership**. The last three months have been a whirlwind of events, engagements, and powerful connections that have furthered our mission at Helping Captives. **Your generosity and encouragement have made it all possible, and we are thrilled to share some of the highlights with you.**



Fall 2025 Highlights

Be Bold for Jesus Conference: We had the privilege of participating in this impactful event, connecting with fellow believers and sharing our vision for hope, restoration, and freedom.

756 Dark Ruck in Coeur d'Alene, Idaho: Our team joined others in raising trafficking awareness and raising funds in a memorable and inspiring night ruck through one of Coeur d'Alene's most beautiful parks.

5K Run in Rockford, WA: Runners of all ages joined us for a fun and energetic 5K, bringing the community together to support our work and those we serve.

Community Speaking Engagements: We were honored to provide training to the student athletes at North Idaho College, as well as speaking at the **Lions Club, Kiwanis Club, Spokane Valley Chamber of Commerce** non-profit showcase, and various churches. These opportunities allowed us to share stories of impact, raise awareness, and invite others to join the cause.

Freedom Center Tours: Opening our doors for tours through the Freedom Center offered a firsthand look at the future we are working towards through transforming this building into a place of healing and hope.

Volunteer Projects: Our dedicated volunteers continued to serve well, making a tangible difference as we organized teams and tackled new projects together.



LOOKING AHEAD TO 2026

With 2025 coming to a close, we are filled with anticipation for what lies ahead. Our events for 2026 are already scheduled, and our calendars are quickly filling up. We believe **God has incredible things in store** as we continue to serve, advocate, and bring freedom to those in need.

Thank you for standing with us, for showing up, and for believing in the vision of Helping Captives. Your prayers, presence, and financial support empower us to keep moving forward. **We look forward to partnering with you in 2026 for even greater impact.**

With heartfelt gratitude,

Shelley Engle

Events and Community Engagement

THRIFT  STORE News



A heartfelt **THANK YOU** to the Spokane Valley community for voting us:

- **Platinum** in Second Hand Clothing & Consignment
- **Platinum** in Thrift Stores
- **Platinum** in Used Furniture Stores



"What an honor it is to serve each one of you every day. We are truly grateful for your support, kindness, and trust. We look forward to another amazing year together!"

— Beth Molina, Store Director



HELPING CAPTIVES
PO BOX 14257
Spokane Valley, WA 99214



YOU CAN BE THE ONE...

One prayer.
One helping hand.
One day of safety.

One choice –

that can change everything.

 **HELPING
CAPTIVES.org**
Helping provide freedom for
survivors of sex trafficking.

